

# COURAGEOUS CONVERSATION THREE “TIERS”

- 1. ENGAGE** through your own personal racial experiences, beliefs and perspectives while demonstrating respectful understanding of specific historical as well as contemporary, local and immediate racial contexts.
- 2. SUSTAIN** yourself and others in the conversation through mindful inquiry into those multiple perspectives, beliefs and experiences that are different than your own.
- 3. DEEPEN** your understanding of whiteness and interrogate your beliefs about your own association with and relationship to racial privilege and power.