

SITE KITCHEN EARLY CHILDHOOD

FEB '23

Monday	Tuesday	Wednesday	Thursday	Friday
30	31	1	2	3
		Breakfast Yogurt & Granola  Fresh Fruit Lunch Turkey Roast  Mashed Potatoes Pineapple Tidbits	Breakfast Pancake Bowl Applesauce Lunch 3 Cheese Cavatappi Side Salad Diced Pears	Half Day Breakfast Turkey Sausage and Egg Calzone Peach Cup Lunch Breaded Chicken Sandwich Broccoli & Cheese Fresh Fruit
6	7	8	9	10
Breakfast Apple Cinnamon Texas Toast & Pineapple Tidbits Lunch Breaded Ravioli & Marinara Mixed Vegetables Applesauce	Breakfast Cherry Muffin Diced Pears Lunch Walking Taco  Black Beans Peach Cup	Breakfast Breakfast Pizza Fresh Fruit Lunch Spinach and Cheese Calzone Side Salad Pineapple Tidbits	Breakfast Mini Muffin Loaf Applesauce Lunch Chicken Fried Steak Sandwich Fries & White Gravy Diced Pears	Breakfast Omelet & Home Fries  Peach Cup Lunch Chicken Tenders Tostitos and Salsa Fresh Fruit
13	14	15	16	17
Breakfast Waffles & Pineapple Tidbits Lunch Pizzaboli & Marinara Broccoli & Cheese Applesauce	Breakfast Beef & Cheese Bagel Diced Pears Lunch Chicken & Waffles Sweet Potato Fries Peach Cup	Breakfast Yogurt & Granola  Fresh Fruit Lunch Manager's Choice Baked Beans Pineapple Tidbits	Breakfast Pancake Bowl Applesauce Lunch Beef Chili  Fritos Baked Potato or Emojis Diced Pears	Half Day Breakfast Turkey Sausage and Egg Calzone Peach Cup Lunch Chicken Empanada Calzone Green Beans Fresh Fruit
20	21	22	23	24
Breakfast Apple Cinnamon Texas Toast & Pineapple Tidbits Lunch All Beef Patty  WG or GF Bun Fries Applesauce	Breakfast Cherry Muffin Diced Pears Lunch Turkey Sandwich Crackers and Hummus Peach Cup	Breakfast Breakfast Pizza Fresh Fruit Lunch Ciabatta Melt Sweet Potato Fries Pineapple Tidbits	Breakfast Mini Muffin Loaf Applesauce Lunch Cherry Blossom Chicken Veggie Fried Rice Diced Carrots Diced Pears	Breakfast Omelet & Home Fries  Peach Cup Lunch Cheese Pizza Broccoli & Cheese Fresh Fruit
27	28			
Breakfast Waffles & Pineapple Tidbits Lunch Lasagna Roll-up Green Beans Applesauce	Breakfast Beef & Cheese Bagel Diced Pears Lunch Cheese Quesadilla Refried Beans Peach Cup			

DID YOU KNOW...







Popcorn is a whole grain food!



MENU INFO

All Early Childhood menus are pork, nut, fish & shellfish free.

Please ask your cafeteria manager or nurse for a medical plan of care form to accommodate medical dietary needs.

 Vegetarian Options Available Daily	 No Fish
 Local 1% Milk carton with every meal!	 No Pork
 Fresh Fruit & Veggies Daily	 Gluten Free

Our menus meet USDA Requirements
Menu items are subject to change 