








# Central Kitchen Breakfast

Jun '24

Monday	Tuesday	Wednesday	Thursday	Friday
<b>National Egg Day 3</b> <b>Main Entrée</b>  Colby Cheese Omelet & Turkey Sausage 	<b>4</b> <b>Main Entrée</b>  Fruit & Yogurt Parfait 	<b>5</b> <b>Main Entrée</b>  Egg & Cheese Wrap	<b>6</b> <b>Main Entrée</b> Jenny Lee Sandwich	<b>National Donut Day 7</b> <b>Main Entrée</b>  Whole Grain Super Donut
<b>10</b> <b>Main Entrée</b>  French Toast Sticks with Apple Compote	<b>11</b> <b>Main Entrée</b> Turkey Sausage & Egg Calzone	<b>12</b> <b>Main Entrée</b> Beef & Cheese Bagel	<b>13</b>	<b>14</b>






## Daily Fruit







Breakfast and lunch fruit options are seasonal and may include:

- Fresh Whole Fruit: Apples, Oranges, Mandarins, Bananas, Fruit Salads
- Diced Fruit Cups: Pears, Peaches, Mangoes, Mandarin Oranges, Pineapple Tidbits
- Dried Fruit: Pineapple, Raisins, Craisins, Mixed Fruit
- Applesauce: Plain, Strawberry, Blue Raspberry, Mixed Berry, Strawberry Banana, Peach



## Breakfast Sides

Multigrain Cheerios 	Mini Muffin Loaf
Lucky Charms 	Cocoa Puffs 
Cinnamon Granola 	Chex Cereals 
Yogurt Cups 	WG Bagels
Lucky Charms 	Granola Bar
Cinnamon Toast Crunch	Salsa Cup 

 Vegetarian Options Available Daily	 Contains Fish
 Local Skim & 1% Milk	 Contains Pork
 Fresh Fruit & Veggies Daily	 Gluten Free













Classroom Entrées are available in schools participating in "Breakfast in the Classroom" and meet USDA requirements for a nutritious breakfast!

Our menus meet USDA Requirements. Menu items are subject to change.

# Central Kitchen Lunch - UPDATED

Jun '24


Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> <b>Main Entrée</b>  Nacho Bites <b>Side Choices</b> Cheesy Cauliflower Salsa Italian Ice Cup	<b>National Cheese Day 4</b> <b>Main Entrée</b>  PB&J Uncrustable or Cheese Quesadilla <b>Side Choices</b> Cheezit's String Cheese Diced Carrots	<b>5</b> <b>Main Entrée</b> Chicken Nuggets <b>Side Choices</b> Baked Beans Dinner Roll	<b>6</b> <b>Main Entrée</b> Korean BBQ  Rib Patty <b>Side Choices</b> Sweet Peas WG or GF Hoagie Bun	<b>7</b> <b>Main Entrée</b> Chicken Patty Sandwich <b>Side Choices</b> Mixed Veggies Strawberry Parfait 100% Juice Slushie
<b>10</b> <b>Main Entrée</b>  Pizzaboli <b>Side Choices</b> Broccoli & Cheese Fresh Baked Cookie	<b>11</b> <b>Main Entrée</b> Loaded Mini Twin Cheeseburgers <b>Side Choices</b> Sweet Potato Fries	<b>12</b> <b>Main Entrée</b> Deli Sandwich  <b>Side Choices</b> Berry Berry 100% Juice Slush Fruit Cups	<b>13</b>	<b>14</b>
 <b>Alternate Entrées</b> PB&J or WoWich Toasted Cheese	 <b>Alternate Entrées</b> PB&J or WoWich Cheese Quesadilla	 <b>Alternate Entrées</b> Toasted Cheese Chicken Wrap or Pizza Kit	 <b>Alternate Entrées</b> Toasted Cheese Fresh Made Salad	 <b>Alternate Entrées</b> PB&J or WoWich Deli Sandwich

## Did you

We are excited to announce that free summer meals are available for all children 18 years and younger starting June 24<sup>th</sup>! These meals provide a balanced diet to help keep kids healthy and energized during the summer break. No registration or application is needed—just stop by and enjoy a meal! Visit our website for more information



## Harvest of the

Strawberries 

The United States is the world's largest producer of strawberries and are grown in every state. They are the only fruit with seeds on the outside. Strawberries are an excellent source of vitamin C.



Vegetarian Options  
Available Daily



Contains Fish



Local Skim & 1% Milk



Contains Pork



Fresh Fruit & Veggies  
Daily



Gluten Free

Our menus meet USDA Requirement. Menu items are subject to change. 