











Monday	Tuesday	Wednesday	Thursday	Friday
30	31 	1 Breakfast Pancake Bowl Fresh Fruit Lunch Spinach and Cheese Calzone Mixed Vegetables Pineapple Tidbits	2 Breakfast Breakfast Pizza Applesauce Lunch Walking Taco  Sweet Corn Diced Pears	3 HALF DAY Breakfast Cherry Muffin Peaches Lunch Burger Fries Mashed Potatoes and Gravy Fresh Fruit
6 Breakfast Apple Cinnamon Texas Toast Pineapple Tidbits Lunch 3 Cheese Cavatappi Dinner Roll Seasoned Broccoli Applesauce	7 Breakfast Yogurt & Granola  Diced Pears Lunch Turkey Deli Sandwich Mixed Vegetables Peaches	8 Breakfast IW Omelet  Fresh Fruit Lunch Lasagna Roll-Up Italian Beans Pineapple Tidbits	9 Breakfast Beef & Cheese Bagel Applesauce Lunch Chicken Nuggets BBQ Baked Beans Diced Pears	10 Breakfast Mini Muffin Loaf Peaches Lunch Beef Chili & Fritos  Potato Emojis Fresh Fruit
13 Breakfast Egg & Cheese Wrap Pineapple Tidbits Lunch Breaded Ravioli and Marinara 3 Bean Chili Applesauce	14 Breakfast Turkey-Ham & Cheese Stuffer Diced Pears Lunch Chicken & Waffles Diced Carrots Fruited Jello	15 Breakfast Pancake Bowl Fresh Fruit Lunch Chicken Burger  WG or GF Bun Zesty Pasta Salad  Pineapple Tidbits	16 Breakfast Breakfast Pizza Applesauce Lunch Turkey Medallions & Stuffing Sweet Corn Diced Pears	17 HALF DAY Breakfast Cherry Muffin Peaches Lunch Spaghetti & Marinara Seasoned Broccoli Fresh Fruit
20 Breakfast Apple Cinnamon Texas Toast Pineapple Tidbits Lunch Deep Dish Pizza Seasoned Broccoli Crackers & Hummus	21 Breakfast Yogurt & Granola  Diced Pears Lunch Ciabatta Melt & Marinara Cheesy Cauliflower Peaches	22 Breakfast IW Omelet  Fresh Fruit Lunch WoWich Crackers & Hummus Sweet Corn Pineapple Tidbits	23 Breakfast Beef & Cheese Bagel Applesauce Lunch Korean BBQ Chicken Veggie Fried Rice Diced Carrots Diced Pears	24 Breakfast Mini Muffin Loaf Peaches Lunch Cheese Quesadilla Salsa Cup Mixed Vegetables Fresh Fruit
27 Breakfast Egg & Cheese Wrap Pineapple Tidbits Lunch Pizzaboli and Marinara Italian Beans Applesauce	28 Breakfast Turkey-Ham & Cheese Stuffer Diced Pears Lunch Beef Burger Patty  WG or GF Bun Broccoli & Cheese Peaches			

DID YOU KNOW...

Popcorn is a whole grain food!



MENU INFO

All Early Childhood menus are pork, nut, fish & shellfish free.

Please ask your cafeteria manager or nurse for a medical plan of care form to accommodate medical dietary needs.



Vegetarian Options Available Daily



No Fish



Local 1% Milk carton with every meal!



No Pork



Fresh Fruit & Veggies Daily



Gluten Free

Our menus meet USDA Requirements
Menu items are subject to change 