










# CAMPUS CAFÉ EARLY CHILDHOOD

FEB '23

Monday	Tuesday	Wednesday	Thursday	Friday
30	31	1	2	3
		<b>Breakfast</b> Yogurt & Granola  Fresh Fruit <b>Lunch</b> Chicken Fried Steak and Pepper Gravy Mashed Potatoes Pineapple Tidbits	<b>Breakfast</b> Pancake Bowl <b>Lunch</b> Chicken Nuggets & Veggie Fried Rice Diced Carrots Diced Pears	<b>Breakfast</b> Turkey Sausage, Egg, and Cheese Pocket Diced Mango <b>Lunch</b> Manager's Choice Crackers & Hummus Fresh Fruit
6	7	8	9	10
<b>Breakfast</b> Apple Cinnamon Texas Toast Pineapple Tidbits <b>Lunch</b> Breaded Ravioli & Marinara 3 Bean Chili Applesauce	<b>Breakfast</b> Cherry Muffin Diced Pears <b>Lunch</b> Chicken Poppers Black Beans Peaches	<b>Breakfast</b> Beef & Cheese Bagel Fresh Fruit <b>Lunch</b> Breaded Chicken Sandwich Broccoli & Cheese Pineapple Tidbits	<b>Breakfast</b> Mini Muffin Loaf Applesauce <b>Lunch</b> Roast Turkey  Mashed Potatoes Diced Pears	<b>Breakfast</b> Scrambled Eggs & Home  Fries and Diced Mango <b>Lunch</b> Chicken Tenders Garlic Knot Diced Carrots Fresh Fruit
13	14	15	16	17
<b>Breakfast</b> Waffles Pineapple Tidbits <b>Lunch</b> Pizzaboli with Marinara Green Beans Pineapple Tidbits	<b>Breakfast</b> Breakfast Pizza Diced Pears <b>Lunch</b> Cheese Quesadilla Black Beans Peaches	<b>Breakfast</b> Yogurt & Granola  Fresh Fruit <b>Lunch</b> Mac n' Cheese Seasoned Broccoli Pineapple Tidbits	<b>Breakfast</b> Pancake Bowl <b>Lunch</b> Turkey Sandwich Crackers & Hummus Diced Pears	<b>Breakfast</b> Turkey Sausage, Egg, and Cheese Pocket Diced Mango <b>Lunch</b> Chicken Empanada Calzone Corn or Fries Fresh Fruit
20	21	22	23	24
<b>Breakfast</b> Apple Cinnamon Texas Toast Pineapple Tidbits <b>Lunch</b> Beef Hamburger  WG or GF Bun Baked Beans Applesauce	<b>Breakfast</b> Cherry Muffin Diced Pears <b>Lunch</b> Beef Chili  Fritos Emojis Peaches	<b>Breakfast</b> Beef & Cheese Bagel Fresh Fruit <b>Lunch</b> Ciabatta Melt Sweet Potato Fries Pineapple Tidbits	<b>Breakfast</b> Mini Muffin Loaf Applesauce <b>Lunch</b> Chicken Poppers & Veggie Fried Rice Diced Carrots Diced Pears	<b>Breakfast</b> Scrambled Eggs & Home  Fries and Diced Mango <b>Lunch</b> Cheese Pizza Broccoli & Cheese Fresh Fruit
27	28			
<b>Breakfast</b> Waffles Pineapple Tidbits <b>Lunch</b> Lasagna Roll-Up Italian Beans Pineapple Tidbits	<b>Breakfast</b> Breakfast Pizza Diced Pears <b>Lunch</b> Walking Taco  Refried Beans Peaches			

DID YOU KNOW...

Popcorn is a whole grain  
food!



MENU INFO

All Early Childhood menus are pork,  
nut, fish & shellfish free.

Please ask your cafeteria manager or  
nurse for a medical plan of care form  
to accommodate medical dietary needs.



Vegetarian Options  
Available Daily



No Fish



Local 1% Milk carton  
with every meal!



No Pork



Fresh Fruit & Veggies  
Daily



Gluten Free

Our menus meet USDA Requirements  
Menu items are subject to change 