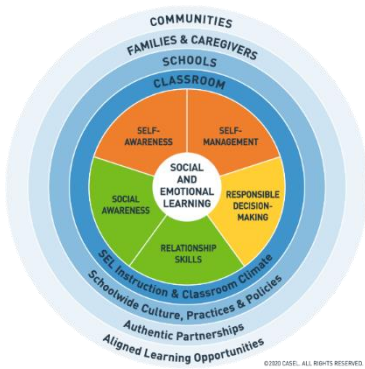


Woolslair SEL Skill Calendar



In the Spring of 2022, Woolslair students in grades 3-5 participated in the Panorama Student SEL Survey to allow students to self-identify their SEL strengths and weaknesses. Based on students’ responses, they have identified Emotion Regulation and Self-Efficacy as areas of growth. These are SEL skill areas that students district-wide and nationally have recognized as areas of opportunities likely in at least partial response to the experiences had during the pandemic. Based on these results and, a SEL skill has been chosen as the focus for each month during the 2022-2023 school year. To help you provide explicit skill instruction each week,

a number of activities from the Efficacy Activity Guide and the ReThink Ed platform have been chosen to support our students in attainment and reinforcement of these skills. While the expectation is that you dedicate one day per week of intervention to explicit SEL instruction, you will be given opportunities to collaboratively identify ways to infuse reinforcement of the skill in academic instruction as well.

Please see below for directions on accessing both the Efficacy Activity Guide and the ReThink Ed platform:

Efficacy Activity Guide

- The Efficacy workbooks are referenced throughout the Efficacy Activity Guide. K-3 should use the white workbook and 4-5 should use the blue workbook. If you do not have a copy, please request one from Ms. Safran.
- Click here for access to the Efficacy Activity guide: [Efficacy Activity Guide K-1](#) (white workbook), [Efficacy Activity Guide 2-3](#) (white workbook), [Efficacy Activity Guide 4-5](#) (blue workbook).
- **It is recommended that you open the Efficacy Activity Guides in the “Desktop App” rather than viewing in the online version of Microsoft Word.

ReThink Ed Platform

- Go to Clever
- Click on the ReThink Education logo (under Instructional Resources)
- From ReThink Education Dashboard
 - Click Program Tools then Lesson Library to review lessons for teaching SEL skills to students

The following pages include the scope and sequence for explicit SEL lessons during the 2022-2023 year to assist in building the monthly SEL emotion regulation and self-efficacy skills for Woolslair’s students.

SEL Skills and Sequence for Teaching Skills

Month	SEL Skills and ReThink Ed Lesson Names	Connection to Efficacy Secret	Skill Building Sequence
September	Growth Mindset <ul style="list-style-type: none"> - K Lesson: <i>I'm Growing!</i> - Grade 1 Lesson: <i>I Can Do It!</i> - Grade 2 Lesson: <i>Mistake Masterpieces</i> - Grade 3 Lesson: <i>My Curious Mind</i> - Grade 4 Lesson: <i>Hard Work Pays Off</i> - Grade 5 Lesson: <i>Beyond Boredom!</i> 	Get Smart Model	WEEK 1 <ul style="list-style-type: none"> ○ Get Smart Model activity of choice from Efficacy Activity Guide that connects to the SEL skill of the month: mini lesson, extension activity, video or circle prompt WEEK 2 <ul style="list-style-type: none"> ○ Watch Learn Video in ReThink Ed platform ○ Complete Video Discussion questions from ReThink Ed WEEK 3 <ul style="list-style-type: none"> ○ Complete Practice Activity from ReThink Ed WEEK 4 <ul style="list-style-type: none"> ○ Complete Dive Deeper Activity from ReThink Ed ○ Closing Activity of choice: connection to PBIS matrix, personal reflection, related current event, closing circle, activity from Efficacy Activity Guide, etc.
October	Goal Setting <ul style="list-style-type: none"> - K Lesson: <i>Say the Goal!</i> - Grade 1 Lesson: <i>Steps to the Goal</i> - Grade 2 Lesson: <i>Set a Goal</i> - Grade 3 Lesson: <i>Make a Plan</i> - Grade 4 Lesson: <i>Planning for Success</i> - Grade 5 Lesson: <i>Reach Your Goals</i> 	Get Smart Model	WEEK 1 <ul style="list-style-type: none"> ○ Get Smart Model activity of choice from Efficacy Activity Guide that connects to the SEL skill of the month: mini lesson, extension activity, video or circle prompt WEEK 2 <ul style="list-style-type: none"> ○ Watch Learn Video in ReThink Ed platform ○ Complete Video Discussion questions from ReThink Ed WEEK 3 <ul style="list-style-type: none"> ○ Complete Practice Activity from ReThink Ed WEEK 4 <ul style="list-style-type: none"> ○ Complete Dive Deeper Activity from ReThink Ed ○ Closing Activity of choice: connection to PBIS matrix, personal reflection, related current event, closing circle, activity from Efficacy Activity Guide, etc.
November	Problem Solving <ul style="list-style-type: none"> - K Lesson: <i>Say the Problem</i> 	D/F/S	WEEK 1 <ul style="list-style-type: none"> ○ D/F/S activity of choice from Efficacy Activity Guide that connects to the SEL skill of the month: mini lesson, extension activity, video or circle prompt

	<ul style="list-style-type: none"> - Grade 1 Lesson: <i>Whose Problem Is It?</i> - Grade 2 Lesson: <i>What's the Problem?</i> - Grade 3 Lesson: <i>Let's Brainstorm!</i> - Grade 4 Lesson: <i>Ways to Solve a Problem</i> - Grade 5 Lesson: <i>Think of Solutions</i> 		<p>WEEK 2</p> <ul style="list-style-type: none"> ○ Watch Learn Video in ReThink Ed platform ○ Complete Video Discussion questions from ReThink Ed <p>WEEK 3</p> <ul style="list-style-type: none"> ○ Complete Practice Activity from ReThink Ed <p>WEEK 4</p> <ul style="list-style-type: none"> ○ Complete Dive Deeper Activity from ReThink Ed ○ Closing Activity of choice: connection to PBIS matrix, personal reflection, related current event, closing circle, activity from Efficacy Activity Guide, etc.
December	<p>Self-Advocacy</p> <ul style="list-style-type: none"> - K Lesson: <i>Ask for Help</i> - Grade 1 Lesson: <i>Speak Up and Ask!</i> - Grade 2 Lesson: <i>Get Your Needs Met</i> - Grade 3 Lesson: <i>Speaking Up to Meet My Needs</i> - Grade 4 Lesson: <i>Getting the Help I Need</i> - Grade 5 Lesson: <i>Speak Up with Confidence</i> 	D/F/S	<p>WEEK 1</p> <ul style="list-style-type: none"> ○ D/F/S activity of choice from Efficacy Activity Guide that connects to the SEL skill of the month: mini lesson, extension activity, video or circle prompt <p>WEEK 2</p> <ul style="list-style-type: none"> ○ Watch Learn Video in ReThink Ed platform ○ Complete Video Discussion questions from ReThink Ed <p>WEEK 3</p> <ul style="list-style-type: none"> ○ Complete Practice Activity from ReThink Ed <p>WEEK 4</p> <ul style="list-style-type: none"> ○ Complete Dive Deeper Activity from ReThink Ed ○ Closing Activity of choice: connection to PBIS matrix, personal reflection, related current event, closing circle, activity from Efficacy Activity Guide, etc.
January	<p>Resilience</p> <ul style="list-style-type: none"> - K Lesson: <i>Get It Done!</i> - Grade 1 Lesson: <i>Bounce Back!</i> - Grade 2 Lesson: <i>Challenge Accepted!</i> - Grade 3 Lesson: <i>Be Resilient</i> - Grade 4 Lesson: <i>The Resilient Kid</i> - Grade 5 Lesson: <i>If at First You Don't Succeed...</i> 	FADAF	<p>WEEK 1</p> <ul style="list-style-type: none"> ○ FADAF activity of choice from Efficacy Activity Guide that connects to the SEL skill of the month: mini lesson, extension activity, video or circle prompt <p>WEEK 2</p> <ul style="list-style-type: none"> ○ Watch Learn Video in ReThink Ed platform ○ Complete Video Discussion questions from ReThink Ed <p>WEEK 3</p> <ul style="list-style-type: none"> ○ Complete Practice Activity from ReThink Ed <p>WEEK 4</p> <ul style="list-style-type: none"> ○ Complete Dive Deeper Activity from ReThink Ed ○ Closing Activity of choice: connection to PBIS matrix, personal reflection, related

			current event, closing circle, activity from Efficacy Activity Guide, etc.
February	Emotions <ul style="list-style-type: none"> - K Lesson: <i>It's a Feeling</i> - Grade 1 Lesson: <i>My Feelings Monster</i> - Grade 2 Lesson: <i>Feelings Detective</i> - Grade 3 Lesson: <i>Super Emotions!</i> - Grade 4 Lesson: <i>Emotions: Action!</i> - Grade 5 Lesson: <i>Expressing Emotions</i> 	Strong Side	WEEK 1 <ul style="list-style-type: none"> ○ Strong Side activity of choice from Efficacy Activity Guide that connects to the SEL skill of the month: mini lesson, extension activity, video or circle prompt
			WEEK 2 <ul style="list-style-type: none"> ○ Watch Learn Video in ReThink Ed platform ○ Complete Video Discussion questions from ReThink Ed
			WEEK 3 <ul style="list-style-type: none"> ○ Complete Practice Activity from ReThink Ed
			WEEK 4 <ul style="list-style-type: none"> ○ Complete Dive Deeper Activity from ReThink Ed ○ Closing Activity of choice: connection to PBIS matrix, personal reflection, related current event, closing circle, activity from Efficacy Activity Guide, etc.
March	Self-Control <ul style="list-style-type: none"> - K Lesson: <i>Breathe In, Breathe Out</i> - Grade 1 Lesson: <i>Wait for It!</i> - Grade 2 Lesson: <i>Take 5!</i> - Grade 3 Lesson: <i>Keep Calm!</i> - Grade 4 Lesson: <i>Freeze!</i> - Grade 5 Lesson: <i>Stop. Think. Decide.</i> 	Strong Side	WEEK 1 <ul style="list-style-type: none"> ○ Strong Side activity of choice from Efficacy Activity Guide that connects to the SEL skill of the month: mini lesson, extension activity, video or circle prompt
			WEEK 2 <ul style="list-style-type: none"> ○ Watch Learn Video in ReThink Ed platform ○ Complete Video Discussion questions from ReThink Ed
			WEEK 3 <ul style="list-style-type: none"> ○ Complete Practice Activity from ReThink Ed
			WEEK 4 <ul style="list-style-type: none"> ○ Complete Dive Deeper Activity from ReThink Ed ○ Closing Activity of choice: connection to PBIS matrix, personal reflection, related current event, closing circle, activity from Efficacy Activity Guide, etc.
April	Stress Management <ul style="list-style-type: none"> - K Lesson: <i>My Recipe for Happiness</i> - Grade 1 Lesson: <i>Feelings Booster</i> - Grade 2 Lesson: <i>My Stress Thermometer</i> 	Strong Side	WEEK 1 <ul style="list-style-type: none"> ○ Strong Side activity of choice from Efficacy Activity Guide that connects to the SEL skill of the month: mini lesson, extension activity, video or circle prompt
			WEEK 2 <ul style="list-style-type: none"> ○ Watch Learn Video in ReThink Ed platform ○ Complete Video Discussion questions from ReThink Ed
			WEEK 3 <ul style="list-style-type: none"> ○ Complete Practice Activity from ReThink Ed

	<ul style="list-style-type: none"> - Grade 3 Lesson: <i>Change It!</i> - Grade 4 Lesson: <i>Feelings, Thoughts and Behaviors</i> - Grade 5 Lesson: <i>You Can Change It!</i> 		<p>WEEK 4</p> <ul style="list-style-type: none"> ○ Complete <u>Dive Deeper Activity</u> from ReThink Ed ○ Closing Activity of choice: connection to PBIS matrix, personal reflection, related current event, closing circle, activity from Efficacy Activity Guide, etc.
<p>May</p>	<p>Focus</p> <ul style="list-style-type: none"> - K Lesson: <i>Following Instructions</i> - Grade 1 Lesson: <i>Hocus Pocus: Focus!</i> - Grade 2 Lesson: <i>The Focus Toolbox</i> - Grade 3 Lesson: <i>Improving my Focus</i> - Grade 4 Lesson: <i>Keep Focused</i> - Grade 5 Lesson: <i>Focus First!</i> 	<p>Get Smart Model</p>	<p>WEEK 1</p> <ul style="list-style-type: none"> ○ Get Smart Model activity of choice from Efficacy Activity Guide that connects to the SEL skill of the month: mini lesson, extension activity, video or circle prompt <p>WEEK 2</p> <ul style="list-style-type: none"> ○ Watch <u>Learn Video</u> in ReThink Ed platform ○ Complete <u>Video Discussion</u> questions from ReThink Ed <p>WEEK 3</p> <ul style="list-style-type: none"> ○ Complete <u>Practice Activity</u> from ReThink Ed <p>WEEK 4</p> <ul style="list-style-type: none"> ○ Complete <u>Dive Deeper Activity</u> from ReThink Ed ○ Closing Activity of choice: connection to PBIS matrix, personal reflection, related current event, closing circle, activity from Efficacy Activity Guide, etc.